

Letters from the Future Writing Prompts

- Look back at the past and how things have changed. Explain or describe the differences.
- Advice for your younger self.
- Catching up – write about everyday life, what have you been up to? How is this different from what we do now?
- Celebration – What do you enjoy or appreciate about your future world? What have you liked seeing or doing? What do you value about life now?
- How did our actions change the world?
- What was it like experiencing the change? How do you feel about it now?
- What barriers did we face? Opposition or blockers? What did we do to overcome these?
- Explore with your senses. What does the world look like, sound like, smell like, taste like and feel like now?
- What jobs do people do?
- What do we buy? How do we use items now? What is their lifecycle like?
- What is the weather like?
- How do we get around?
- Where do we work? Where do we go on holiday?
- What are our homes like?
- What do we eat?
- How are things run? National / global / local scale.
- How do we use / manage water?
- How do we safeguard nature?

Actions for change

Transport

- Active travel (walk, bike, scoot)
- Use public transport where available
- Reduce journeys
- Electric vehicles
- Fewer flights
- Rail holidays
- Car sharing / lift sharing
- Car clubs

Household

- Renewable electricity supply
- Solar panels
- Insulation
- Heat pumps
- Waste water or grey water systems
- Live in a smaller home.
- Improve the energy and heat efficiency of the home
- Reduce demand for heat and power (off peak power)
- Smart meters
- Recycling
- Second-hand furnishings
- Repair

Food / Diet

- Giving up red meat
- Giving up all meat – vegetarian / vegan
- Eating seasonally
- Buying locally – reducing food air miles
- Eating less processed food
- Wasting less food

- Having fewer takeaways and eating out less
- Consider buying certified foods – Fair Trade, Rainforest Alliance, Organic etc

Stuff / Services

- Banking / finance with an ethical bank (reducing investment in fossil fuels)
- Not replacing tech and gadgets as often
- Buying second-hand (pre-loved)
- Buying less fast fashion
- Buying fewer plastic-based products
- Buying products for longevity / repairability
- Consider the life-cycle of a product. How will it be disposed of when it reaches end of life?
- Reduce, reuse, recycle
- Consider ethical consumption – use of rare materials, involvement of modern-day slavery in the supply chain etc
- Consider energy efficiency of the appliance / product.

Activity / Advocacy

- Join a local climate / sustainability group
- Volunteer or fundraise for a climate or conservation charity
- Vote
- Sign and share petitions
- Write to your local MP / Councillor
- Campaign